



TFW FOOD SERVICES

Colaiste Chu Chulainn

Weekly Menu | Monday 26th August 2019

Breakfast Special: Scrambled egg soft bap 1,3

Sandwich Special: BBQ chicken and bacon toasted wrap 1,7 Chilli chicken panini 1,7 Vegan hummus, rocket and sundried tomato 1

Soup Special: Homemade vegetable soup 9

Salad Special: Pasta pesto with baby tomatoes and Parmesan 1,7,8

Monday

Half day

Tuesday

Pasta bolognese topped with Parmesan shavings (1,7) ... €3.00

Chicken fajita wrap with garlic mayo (1,3,7,) ... €3.00

Wednesday

Half day

Thursday

Shepherds pie served with mixed vegetables (7,9) ... €3.00

Asian noodles with stirfried veg (1,3,9) ... €2.50

Friday

Breast of chicken curry served with steamed rice (1,6,7,10) ... €3.00

Mexican chicken baguette with sautéed onions and peppers topped with melted cheddar (1,7) ... €3.00

Vegetarian curry served with steamed rice (1,6,7,10) ... €2.50