



We hope all is well with you and your family. This is your weekly bulletin issued via our website. We will inform you of our achievements plans for the week ahead. Students are working hard for December assessments. We thank all families for this support.

Colder Weather

The weather forecast tells us that the temperature will drop this week. We ask that all students wear their school jacket to school. Remember the uniform requires black shoes or black runners.

Dates for Your Diary

Monday 5th December - No school for students.

School closes at 1pm Wednesday 21st December and returns at 8.45am on Thursday 5th January

Healthy Eating Policy

Our school's Healthy Eating Policy prohibits sugary, salty, fatty foods. Students are NOT allowed take items such as sweets, lollies, crisps, chocolate, and minerals to school. **We have asked local shops do stop selling these items to children in the mornings.**

This policy is to ensure the best health, wellbeing, concentration and dental hygiene for our young people.

December Assessments

All students will have exams starting on Wednesday 30th November. Students, Parents / Guardians are advised that students should be studying hard for the coming weeks.

Medical Certificates/Hospital Appointments

If your student(s) attend a doctor or hospital appointment, we need your student to bring in the medical certificate/hospital appointment to their Year Head who will then put this in their student file. This will explain their reason for their absence in school.

Maths Week 2022

Last week was our Maths Week. We hosted our annual Maths week from 29th of November to 2nd of December. Students were encouraged to get involved in a variety of activities including: the daily countdown numbers game, our junior and senior problem of the day, Maths bingo with Ms. Kelly and Ms. McGahon, Maths orienteering with Ms. McLaughlin as well as learning some interesting Maths facts from displays around the school.



Entwined Futures Showcase Premiere

The Entwined Futures Showcase Premiere took place in Louth County Museum, Jocelyn Street, Dundalk, Co Louth on Thursday 1st December 2022 at 11am to 1pm. Mr. Sharkey opened the Entwined Futures Showcase Premiere. Our students created a short movie about cultural identity and citizenship. This was a cross border event with Lagan College Belfast, the first integrated college in Northern Ireland. The Department of Foreign Affairs were in attendance. Students received a tour of Louth County Museum and received certificates for their participation in the Entwined Futures Showcase Premiere. Parents of the participating students were welcome to attend.



2023 LMETB Robert Ballagh Art Competition

All students are invited to create a piece of art/ drawing/ painting/ photography to submit to this year's competition. There is no set theme. Junior and Senior categories. Closing date is Friday January 13th. Great prizes! Call into Ms. Boyle or Mr. Loughran for entry form. The competition is open to all LMETB students in the educational settings mentioned.



Sports –Another Busy Week

U16s and U19s Boys Basketball North East Regional Champions 2022

The North East Region C Basketball Finals in Carrickmacross was a huge day for Coláiste Chú Chulainn. Our Under 16 and Under 19 Boys Basketball teams were victorious in the North East Regional Finals. The Phoenix Centre in Carrickmacross was the venue on the day and the stage was set for what would be a feast of basketball.



Coláiste Chú Chulainn U16s were first to take to the court where they took on Coláiste Dún an Rí, Kingscourt. Some early foul trouble and brilliant shooting from the Free Throw line by the Kingscourt contingent meant that we were behind at the end of the first quarter. Our lads regrouped and came out flying in the 2nd quarter led by the dynamic duo of captain, Franciszek Chmielecki and the powerful David Osagie who scored 42 of our 57 points in the game. Point Guard, Solal Parra strayed from his usual role as a scorer and instead provided numerous assists with beautiful passing throughout the game. Cú Chulainn remained in control for the remainder of the match with valuable contributions on the boards from starters Fahd Nii-Adjei Monney and James Obisan. Kevin Mincans locked down the Kingscourt danger men with some tenacious defence and his impact from the bench cannot be understated.

The U19s final against St. Clare's College, Ballyjamesduff, was another exciting contest with Cú Chulainn getting off to a hot start led by some spectacular shooting from Mascuud 'Moose' Amir Haji who had 22 points in the first half. Captain Tadgh Dowdall got into some early foul trouble and had to be replaced early on but returned to provide veteran leadership in the second half as we weathered the storm of an intense St. Clare's comeback. Point Guard Daniel McCabe played relentless defence from the opening tip and has led the



charge for Cú Chulainn this year providing a cool head in 'clutch' moments. Franciszek Chmielecki, fresh off lifting the U16s trophy earlier in the day added to his earlier scoring tally with another 10 points in this match. He and "Moose's" threat from the 3-point line meant the St. Clare's College defenders were always working hard to try and contain the two sharpshooters. We showed great determination to hold out and win after the St. Clare's College team began to chip away at our lead. However, Coláiste Chú Chulainn made sure we would be heading to the All-Ireland playoffs as regional champions.

Coach Mr Kelvin Slowey was delighted with both teams' success saying "The lads are a credit to themselves and our school. It's my first year coaching 16s/19s this year and since we began in early September, the lads have been all in. A number of these players are products of the careful development and leadership of their local basketball club, Dundalk Ravens. Without their continued support and encouragement of our players, this success would not be possible, and we are grateful for all they do in our community".

Both U16s and U19s sides now await their match up in the All-Ireland Playoffs 'Round of 16' which is scheduled to be played in January 2023.

Coláiste Chú Chulainn Teams and Scorers on the day:

U16

D. Osagie 22, F. Chmielecki 20, S. Parra 4, K. Mincans 3, J. Obisan 2, F. Nii-Adjei Monney 2, J. Duran 2, B. N'Kongolo Kadima 2, M. Gahayr, M. Messin, F. Olaleye and E. Baleula.



U19

M. Amir Haji 28, F. Chmielecki 10, T. Dowdall 9, D. Osagie 6, D. McCabe 5, O. Osaghae 4, S. Parra 2, D. Pedro, F. Cristini, P. Umeh, A. Ibe and S. Serebe.

Coaches:

Kelvin Slowey and Aaron Murray.



U16s Girls Basketball North East Regional Final

The U16 girls played in the final on Friday last. We had a tight game against Inver College Carrickmacross and were unfortunate to be beaten. This means we are the runners up in the regional section but still reserve a place in the national play offs. Training continues apace.

Girls U16 GAA

We played St Oliver's on Wednesday. There was another massive improvement from our girls against St. Oliver's from Drogheda. We had six girls playing their first ever GAA match and they played brilliantly. Standout performances from Josephine Fagbemi, Fifi Awontundun, Jaydene Flanagan and our player of the match Bianca Mabona. Special mention to Grace Reilly who finished with 1-3 from midfield.

1st Years Boys Soccer

Our 1st Year boys travelled to Kells last week. After a number of local successes, we were defeated by St Ciaran's Kells 4-2. Our goals came from Alex Bogiel and Magnus Eze Kamnani.

Christmas Appeal

Each year we accept food hamper items that we distribute to selected recipients. It has been very successful, and a lot of food items get donated. Going forward, let's have a focus on gift items also - the gloves you got last year and are still in the packaging etc.

4th (Transition) Year

Francis Verling on behalf of the Student Enterprise Programme (SEP) is helping our 4th Year students to become entrepreneurs and to try their hand at running a business while still in school.

The 4th Year students have started driving! Drive Virtual Driving Academy Ltd is the first company in Ireland to introduce car simulators to teach people of all ages to drive.

4th year Social Education students (Dunant and Addams groups) showcased their products and services at the **Student Enterprise Mini-Company trade fair** in the triple room during lunchtime.

All of our achievements are a direct result of our school's commitment to our community. We strive for Success for All. This is achieved by planning, modelling, encouraging, reflecting, and celebrating.

Our school sculpture embodies what we do – Focus, Aim, Power!



Home School Community Liaison (HSCL)

Mr Cumiskey is our HSCL officer. His role is to engage with families where a student's attendance is of concern. He will be meeting Parents/Guardians at our seminars.