

School of Sanctuary

Student Testimonies



Coláiste Chú Chulainn strives to provide an inclusive, safe, and welcoming environment where every student feels respected, accepted, and valued. I believe that everyone, regardless of their gender, race, sexuality, religion, culture, or background, deserves to feel comfortable being themselves without fear of judgement or discrimination. Personally, it is important that students feel they can express themselves freely and know that they will be supported and treated equally. Our school deserves the School of Sanctuary Award because we promote kindness, respect, equality and understanding, while welcoming students from divergent backgrounds and cultures. We recognise the importance of making everyone feel included and ensuring that no student feels left out because of who they are or where they come from. To me, our school represents a community where differences are celebrated rather than judged, and where everyone deserves to feel safe, welcome, and appreciated. – Abigail Mc Keown – Cultural Ambassador

Anti-Bullying: Make Colaiste Chu Chulainn a better place by Mateo Brlenic

A joke is never just a joke if someone is hurt by it.

A school-like environment should be a place where everyone feels safe, respected and accepted as this is a learning community for both children and adults. Bullying can happen without us realizing it. It can happen anywhere in the school whether that's a classroom, corridor, bathroom or even on the bus for a school trip.

Bullying isn't necessarily always physical either. It can take form of name-calling, rumour spreading, excluding someone or not listening to their opinion or even having a negative exchange online. To you it might be a joke but to another it might be an insult.

- **Think before you speak.** Words are the main way of bullying.
- **Include others.** Even if you don't like someone, you can't just ignore them, make them feel included or exclude yourself from the situation.
- **Stand up for others.** Don't laugh at someone making an offensive joke. It can be offensive to another. Support them.
- **Online responsibility.** Rumours and online sharing of information is a serious issue that can sometimes be a legal one too.
- **Self-reflection.** If you hurt someone, acknowledge it and be better.

Bí cineálta. Be respectful. Speak up. Stop bullying.

